RELATIONSHIP GRID Grandiosity Walled off and one up **Boundary-less and one up Passive-aggression** Control Indifference Anger "You're not worthy" Walled Off **Boundary-**Health (love less avoidant) (love Resignation dependent) Desperation Withdrawal Manipulation Depressed Walled off and one down Boundary-less and one down Shame Adapted from The New Rules of Marriage by Terry Real